ESCANO

Digestive Endoscopy

REQUIREMENTS AND PREPARATION

Requirements for the procedure:

	Women: Inform in case of pregnancy or suspicion of being.
	Inform the current state of health. The procedure cannot be performed with fever and/or vomiting.
	This test should always be performed under sedation. The patient must report a history of allergic reactions to sedation.
	The patient must be accompanied by an adult on the day of the exam.
	The patient must inform if he is oxygen dependent.
	If the patient is uncontrolled hypertensive or uncontrolled diabetic, they must send a medical history so that the doctor can assess whether or not they can be sedated.
	If the patient suffers from sleep apnea, cardiovascular diseases such as: pulmonary, cerebral or cardiac infarction or consciousness deficit, they should be performed under the supervision of an anesthesiologist.
	Attend with comfortable clothes, do not wear girdles.
	Women attend with their hair up.
	In this study, a biopsy is always tacken.

Instructions for preparation:

1. Exam day:

	Assist with a six (6) hour fast. Patients over 60 years of age must fast for eight (8) hours due to slow intestinal transit.

If the appointment is in the afternoon, the patient can eat an aromatic with cookies before fasting completely.

No coDo not eat gum or smoke.

In the case of patients suffering from diabetes, high blood pressure or thyroid problems, they should take their respective medications with a sip of water.

If you take any other control medication, please report it at the time of assignment to find out the case with the nursing area.

Documents required for the procedure:

- Identification document.
- Current order (does not apply to individuals).
- Medical order and complete Clinical History with data justifying the study (EPS)
- Medical order if you have it, if you do not have it, record why you want to carry out the study (Individuals)
- Previous examinations related to the procedure.

Be one (1) hour before the procedure.

This space will be necessary to register your information and confirm the correct preparation for the performance of your procedure.

Consider:

* Diabetic patients who apply insulin: Diabetic patients who apply insulin must bring their medication to be applied later to the exam. Clarify that it cannot be applied before the exam.

*Diabetic patients who do not apply insulin: In the case of patients suffering from diabetes, they should take their respective medications with a sip of water.

* Age of the patient (14 to 69 years) under sedation – 70 years and older anesthesiologist supervision.

*Patient must be over 14 years old

* Anticoagulated patients must go to an assessment with their treating physician to indicate if they authorize the suspension of anticoagulants at least one week before the procedure.

* Endoscopy can be done in patients with tracheostomy as long as they have oral food intake.

* Follow the recommendations for each of the laxatives to ensure optimal preparation.

* If you are hypertensive, please take the medication with little water.

* Come accompanied by a person of legal age and who is able to make decisions for the patient.

* On the day of the exam, the patient cannot drive a vehicle and cannot attend as a motorcycle grill.

Important:

If for any reason it is not possible for you to attend your appointment or require additional information before or after it, please call: (604) 444 5690 option 5.

VIGILADO Supersalud