



# Contrast-Enhanced MRIs: Abdomen, Uro-MRI, Cholangiography MRI.

## REQUIREMENTS AND PREPARATION



### Requirements for the procedure:

|  |                                                                                                                                                                                     |
|--|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | The patient must inform at the time of assigning the appointment if they have brackets, splints, stents, external tutors, valves, pacemakers, splinters or other metallic elements. |
|  | Patients with braces must come in for a five (5) minute test to determine if they can be tested. Note: only for studies of the skull, face, TMJ and cervical spine.                 |
|  | Inform in case of having a history of allergies or known reactions to contrast media, diabetes and renal failure.                                                                   |
|  | Women: inform if you are pregnant or have any suspicions.                                                                                                                           |
|  | The patient must be accompanied by an adult on the day of the exam.                                                                                                                 |
|  | If the patient is a minor, they must be accompanied by an older relative.                                                                                                           |
|  | The hospitalized patient must come with an elderly relative.                                                                                                                        |
|  | The patient and his companion should not bring metallic objects (chains, rings, earrings, etc.).                                                                                    |
|  | Only for Brain and Face MRIs, you must have clean hair (free of gels and hair gel) and face without makeup (eyelash, eyeliner, powder, etc.).                                       |

### Instructions for preparation:

|  |                                                                                                           |
|--|-----------------------------------------------------------------------------------------------------------|
|  | <b>Fasting for four (4) hours.</b> The previous meal should be light.                                     |
|  | For plain abdominal studies, <b>a four (4) hour fast is also required.</b>                                |
|  | <b>Do not discontinue prescribed medications;</b> they should be taken with only three (3) sips of water. |

### Documents required for the procedure:

|  |                                                           |  |                                                             |
|--|-----------------------------------------------------------|--|-------------------------------------------------------------|
|  | Identification document.                                  |  | Resonances, Tomographies, Ultrasounds and previous studies. |
|  | Current order (does not apply to individuals).            |  | Blood creatinine test not exceeding thirty days (30 days).  |
|  | Complete Clinical History with data justifying the study. |  |                                                             |

Be half an hour (30 minutes) before the procedure

This space will be necessary to register your information and confirm the correct preparation for the performance of your procedure.



### Importat:

If for any reason it is not possible for you to attend your appointment or require additional information before or after it, please call: (604) 444 5690 option 5.